



Aetna Better Health® of Virginia

1-800-279-1878
TTY 711

www.aetnabetterhealth.com/virginia

Added benefits:

Adult vision

- 1 eye exam and \$100 for frames, glasses or contacts each year

Healthy moms and kids

- Maternity incentive program
- Diapers for one month (300 diapers)
- Ted E. Bear, M.D.™ Club
- Free swim lessons
- Free sports physicals

Phone and online tools

- Free smartphone with 350 minutes, data and unlimited texts each month
- 24/7 Member Services

Wellness programs

- Better Breathing asthma program and second inhaler or nebulizer
- Diabetes Care for Life program
- Weight management program with a registered dietitian

Other benefits

- Free rides to grocery store, food bank, place of worship, WIC office and certain social activities (30 round trips each year)
- GED certificate incentive
- Meals delivered to your home after hospital stay, 2 meals each day for 7 days



Anthem. HealthKeepers Plus

Offered by HealthKeepers, Inc.

1-800-901-0020
TTY 711

www.anthem.com/vamedicaid

Added benefits:

Adult vision

- 1 eye exam every other year and up to \$100 for glasses (frames and lenses) or contacts every year

Healthy moms and kids

- Boys & Girls Club membership
- Free diapers, umbrella stroller, \$35 Barnes & Noble card for books
- Free sports physical
- Up to \$30 baby food Kroger vouchers for well-child visits

Phone and online tools

- Free smartphone with 350 minutes, 4.5 GB of data and unlimited texting
- Free Chromebook for high school seniors with 3.5 GPA

Wellness programs

- \$120 of Weight Watchers® vouchers
- Healthy Rewards up to \$50

Other benefits

- 12 free rides to grocery store or food bank per year
- \$120 in GED testing vouchers
- \$25 gift card for good grades
- Coupon book
- Up to \$20 Walmart gift card for completing health screener
- Air purifier (with approval)
- 14 meals after hospital stay



Molina Complete Care

1-800-424-4518
TTY 711

www.MCCofVA.com

Added benefits:

Adult vision

- \$150 for glasses or contact lenses every 2 years

Healthy moms and kids

- Pregnancy supplies and mobile information tools
- Member baby showers hosted quarterly per region
- Yearly sports physicals for children
- Bicycle helmets for children

Phone and online tools

- Free smartphone with 350 minutes, 4.5 GB of data and unlimited texts monthly

Wellness programs

- Healthy Rewards gift card up to \$50
- Yearly routine physicals for adults

Other benefits

- Fresh meals delivered to your home after hospital stay
- SaveAround retail coupon book



1-800-881-2166
TTY 711

www.optimahealth.com/familycare

Added benefits:

Adult vision

- 1 eye exam and \$100 for frames each year

Healthy moms and kids

- OB care support programs, baby showers and incentives up to \$75
- Optima Health Read. Learn. Grow. program

Phone and online tools

- Free smartphone with 350 minutes, unlimited texts and free calls to health plan each month
- Web and mobile app tools

Wellness programs

- Weight management
- Wellness rewards up to \$50
- Online search tool to find community resources and programs

Other benefits

- Up to \$275 for GED prep and testing vouchers
- College application assistance up to \$75 (restrictions apply)
- Member education home visit
- Free sports physicals
- MDLive: 24-hour physician access for non-life threatening health questions or medical needs



1-844-752-9434
TTY 711

www.uhccommunityplan.com/va

Added benefits:

Adult vision

- 1 eye exam each year and frames and lenses every 2 years

Healthy moms and kids

- \$50 Footlocker gift card for 9-12th graders with 3.5 semester GPA
- Free Boys & Girls Club annual membership fee
- Free breast pump and hospital breast feeding consult
- Prenatal / maternity incentives up to \$100, baby showers
- Free mattress cover & pillowcase for members with asthma
- Free sports physical

Phone and online tools

- Free smartphone with 350 minutes, 3 GB data each month, unlimited texts
- Sanvello stress, anxiety, depression app

Wellness programs

- 13 Weight Watchers® vouchers
- Healthy Rewards gift card to \$25
- 6 chiropractor visits per year

Other benefits

- Meals delivered to your home after hospital stay, 2 meals each day for 7 days
- 6 free rides per 6 months to church, grocery, DMV, community events



1-800-727-7536 | TTY 711
Northern Virginia members* with Kaiser Permanente: 1-855-249-5025
www.virginiapremier.com

Added benefits:

Adult vision

- Lenses and up to \$100 for frames or contacts every 24 months for non-diabetic members and every 12 months for diabetic members

Healthy moms and kids

- Baby Showers
- Prenatal & parenting classes, free breast pump, family planning
- Healthy Heartbeats prenatal and postpartum wellness program with incentives
- Childhood wellness program

Phone and online tools

- Free smartphone with 350 minutes, 4.5 GB of data, unlimited texts

Wellness programs

- Nutritional education and personal fitness programs
- Registered nurse & text programs to manage chronic conditions
- Free sports physicals
- Quit smoking program

Other benefits

- 3 free non-medical round trips every 3 months

*Kaiser: Arlington, Alexandria, King George, Fairfax, Fairfax County, Falls Church, Fauquier, Loudoun, Manassas Park, Prince William and Stafford.