CardinalCare
Virginia's Medicaid Program

MATERNAL HEALTH – ENHANCED BENEFITS HEALTH PLAN COMPARISON CHART

Supporting maternal health is a priority for Virginia Medicaid. Use this chart to compare each health plan's extra benefits. For a full list of services, visit www.virginiamanagedcare.com

SCAN ME!

All health plans offer the same basic Medicaid services, the basic plan benefits include, but are not limited to:

- Full access to health care services during pregnancy
- Assistance in finding a provider and setting up appointments
- Transportation to and from appointments
- Mental health care and services for alcohol and drug problems
- Services and items that support breast feeding, including breast pumps
- Doula services
- High-risk pregnancy care
- Nurse midwife services
- Continued health coverage for 12 months after giving birth
- Dental Services for women during and after pregnancy, including teeth cleaning, exams and x-rays, fillings, root canals, treatment of gum disease and tooth extractions

Questions? Visit **virginiamanagedcare.com** or call us toll free at **1-800-643-2273 (TTY: 1-800-817-6608)**. We can speak with you in other languages. If you are a Fee For Service (FFS) member please contact the Member Services Helpline at **804-786-6145 (TTY:711)**



RVSD 05062025

aetna™ Aetna Better Health®	Anthem HealthKeepers Plus	Humana Healthy Horizons in Virginia	Sentara Health Plans	UnitedHealthcare Community Plan
Baby Matters	**New Baby New Life**	**Humana Beginnings**	**Welcoming Baby**	**Healthy First Steps**
1-800-279-1878	**1-844-533-1994 – Option #3**	**1-888-847-9960**	**1-844-671-2108**	**1-800-599-5985**
TTY: 711	**TTY: 711**	**TTY: 711**	**TTY: 711**	**TTY: 711**
During Pregnancy • $25 each month to spend on over-the-counter items for yourself and baby through CVS Pharmacy® • $50 Healthy Food Card- Every month for high-risk pregnant woman to buy healthy foods • $50 Wellness Reward- For going to prenatal and postpartum visits • 24/7 Get information on preparing for breastfeeding with live video chats	**During Pregnancy** • $50 Healthy Reward for 1st prenatal visit • Online support for your mental health during pregnancy (Twill) • Women's Wellness and Recovery Program for women experiencing problems with drugs or alcohol (Empower) • OB Concierge Care- a digital app to access resources and added benefits to support a healthy pregnancy • 24/7 Online Medical Practice to improve maternal health outcomes (Pomelo)	**During Pregnancy** • $25 for reporting a pregnancy and joining HumanaBeginnings maternal health program • Up to $100 reward for completing prenatal visits • Up to 4 boxes of fruits and vegetables for pregnant moms (if standards are met)	**During Pregnancy** • Up to $75 Reward- Receive reward with Maternal health & wellness programs • $75 every quarter-Grocery card for pregnant women • Up to $50 - Healthy Member Incentive - For going to prenatal and postpartum visits	**During Pregnancy** • Up to $50 in rewards, education & resources via Baby Scripts™ digital app • Gestational Diabetes Healthy food box program • Virtual prenatal care & education (Pomelo Care) • Online support for your mental health (AbleTo) • 24/7 live video chat with a doctor
After Giving Birth • $25 each month to spend on over-the-counter items for yourself and your baby at CVS Pharmacy® • $50 Wellness Reward- For going to prenatal and postpartum visits • New Mom's Gift Box for those that participate in care management with their MCO during the month after giving birth • Up to 300 size 1 baby diapers delivered to your home • Free home-delivered meals for 7 days after leaving hospital • 24/7 Breastfeeding help with live video chats	**After Giving Birth** • $25 Healthy Reward for post-partum care visit • Baby Essentials Catalog- Pick up to 3 items for you or your baby (car seats, baby carriers, diapers and more to choose from) • Online support for your mental health during your pregnancy (Twill) • Wellness and Recovery Program for women experiencing problems with drugs or alcohol (Empower) • Home delivered meals after pregnancy- (Nourished Well offers dietician services) • Online Medical Access Program to improve maternal health (Pomelo)	**After Giving Birth** • 1 convertible car seat or portable crib per infant (if standards are met) • $25 reward for completing postpartum visit • $10 for completing safe sleep health education • Up to $65 per quarter for OTC items such as diapers • Up to 56 meals delivered to home after hospital stay • Up to $160 per year for childcare assistance • Up to 30 round trips to locations such as WIC and SNAP appointments	**After Giving Birth** • Up to 400 Free Diapers (size newborn to size 2) • Home Delivered Meals – Up to 56 freshly prepared meals • Free baby monitor or sleep sack with the Safe Sleep Program • Up to $50 - Healthy Member Incentive - For going to prenatal and postpartum visits	**After Giving Birth** • Up to 500 free diapers • Up to $50 in rewards, education & resources via Baby Scripts™ digital app • Meal delivery service after giving birth • Free supply of absorbable menstrual undergarments • 24/7 virtual breastfeeding support and education (Pomelo Care) • Online support for your mental health (AbleTo)