





<p><b>Choose an MCO that:</b></p> <ul style="list-style-type: none"> <li>• serves your city or county,</li> <li>• has the doctors, extra benefits, or special health care services you want.</li> </ul>	<p><b>Ask yourself these questions:</b></p> <ul style="list-style-type: none"> <li>• Do my doctors and other healthcare providers belong to one of these plans?</li> <li>• Does the hospital that I use work with one of these plans?</li> <li>• Does one of the MCOs have any extra benefits that I want?</li> <li>• Can one of the MCOs help with any special health care needs I may have?</li> </ul>	<p><b>Call to enroll</b></p> <p><b>Call the Managed Care HelpLine at 1-800-643-2273</b> (TDD 1-800-817-6608). You can call Monday to Friday, 8:30 a.m. to 6 p.m. The call is free and we have interpreter and translator services.</p>
 <p><b>AMERIGROUP serves these cities and counties:</b> Alexandria, Arlington, Culpeper, Fairfax City, Fairfax County, Falls Church, Fauquier, Loudoun, Manassas City, Manassas Park, Prince William, Rappahannock</p> <p><b>For a list of doctors in AMERIGROUP call</b> 1-800-600-4441</p> <p><b>For more information about AMERIGROUP call</b> 1-800-600-4441 www.myamerigroup.com</p>	<p><b>AMERIGROUP members can use these hospitals:</b></p> <ul style="list-style-type: none"> <li>• Children’s Hospital, DC</li> <li>• Dominion Hospital</li> <li>• INOVA Alexandria Hospital</li> <li>• INOVA Fairfax Hospital</li> <li>• INOVA Fairfax Hospital for Children</li> <li>• INOVA Fair Oaks Hospital</li> <li>• INOVA Mount Vernon Hospital</li> <li>• INOVA Loudoun Hospital</li> <li>• Virginia Hospital Center</li> <li>• Reston Hospital Center</li> <li>• Prince William Hospital</li> <li>• Potomac Hospital</li> <li>• Culpeper Regional Hospital</li> <li>• Fauquier Hospital</li> <li>• University of Virginia Medical Center</li> </ul>	<p><b>AMERIGROUP extra programs and services:</b></p> <ul style="list-style-type: none"> <li>• Adult Vision Care for members ages 21 and older</li> <li>• No-cost Boys &amp; Girls Club membership</li> <li>• No-cost Sports Physicals for children ages 10 to 18</li> <li>• Asthma &amp; Diabetes management program</li> <li>• Taking Care of Baby And Me® program for all pregnant members</li> <li>• 100 free minutes and free healthy text messaging for qualifying SafeLink subscribers</li> </ul>
 <p>Offered by HealthKeepers, Inc.</p> <p><b>Anthem serves these cities and counties:</b> Alexandria, Arlington, Clarke, Falls Church, Fairfax City, Fairfax County, Fauquier, Frederick, Loudoun, Manassas City, Manassas Park, Page, Prince William, Rappahannock, Shenandoah, Warren, Winchester</p> <p><b>For a list of doctors in Anthem call</b> 1-800-901-0020</p> <p><b>For more information about Anthem call</b> 1-800-901-0020 or 1-757-326-5090 www.anthem.com</p>	<p><b>Anthem members can use these hospitals:</b></p> <ul style="list-style-type: none"> <li>• Children’s Hospital, DC</li> <li>• Dominion Hospital</li> <li>• Fauquier Hospital</li> <li>• INOVA Alexandria Hospital</li> <li>• INOVA Fairfax Hospital (including INOVA Fairfax Hospital for Children)</li> <li>• INOVA Fair Oaks Hospital</li> <li>• INOVA Loudoun Hospital</li> <li>• INOVA Mount Vernon Hospital</li> <li>• Martha Jefferson</li> <li>• Mary Washington</li> <li>• Page Memorial Hospital</li> <li>• Potomac Hospital</li> <li>• Prince William Hospital</li> <li>• Reston Hospital Center</li> <li>• Shenandoah Memorial Hospital</li> <li>• Stafford Hospital Center</li> <li>• Virginia Hospital Center</li> <li>• Warren Memorial Hospital</li> <li>• Winchester Medical Center</li> </ul>	<p><b>Anthem extra programs and services:</b></p> <ul style="list-style-type: none"> <li>• Dedicated member outreach specialists to assist and educate you</li> <li>• Services at retail health clinics (such as MinuteClinic at select CVS pharmacies)</li> <li>• Translation services for your medical appointments</li> <li>• Future Moms program for all pregnant members</li> <li>• Asthma management program</li> <li>• Diabetes management program</li> <li>• Discounts with participating chiropractors, acupuncturists, &amp; licensed massage therapists</li> <li>• Up to a 25% discount for adult eye wear</li> </ul>
<p><b>MEDALLION</b></p> <p><b>MEDALLION serves these cities and counties:</b> Warren</p> <p><b>For a list of doctors in MEDALLION call</b> 1-800-643-2273</p> <p><b>For more information about MEDALLION call</b> 1-800-643-2273</p>	<p><b>MEDALLION members can use these hospitals:</b></p> <ul style="list-style-type: none"> <li>■ All Medicaid Enrolled Hospitals in Virginia</li> </ul> <p><b>MEDALLION has no copayments for children under 21 or for family planning, pregnancy related, or emergency services.</b></p>	<p><b>MEDALLION has copayments for:</b></p> <ul style="list-style-type: none"> <li>■ PCP doctor’s office/clinic visit (\$1 for each visit)</li> <li>■ Prescription drugs/medicine (\$1 for each generic prescription/refill, \$3 for each brand name prescription/refill)</li> <li>■ Eye exam (\$1 for each visit)</li> <li>■ Specialist doctor’s office visit (\$3 for each visit)</li> <li>■ Home health visit (\$3 for each visit)</li> <li>■ Occupational, physical, or speech therapy visits (\$3 for each visit)</li> <li>■ Outpatient hospital visit (\$3 for each visit)</li> <li>■ Inpatient hospital admission (\$100 for each admission)</li> </ul>
 <p>A Service of Sentara</p> <p><b>Family Care serves these cities and counties:</b> Page</p> <p><b>For a list of doctors in Optima Family Care call</b> 1-800-881-2166</p> <p><b>For more information about Family Care call</b> 1-800-881-2166 or 1-757-552-8975 www.optimahealth.com</p>	<p><b>Family Care members can use these hospitals:</b></p> <ul style="list-style-type: none"> <li>• Augusta</li> <li>• Fauquier Hospital</li> <li>• Martha Jefferson</li> <li>• Mary Washington</li> <li>• Page Memorial Hospital</li> <li>• Rockingham Memorial</li> <li>• Shenandoah Memorial Hospital</li> <li>• University of Virginia Medical Center</li> <li>• Warren Memorial Hospital</li> <li>• Winchester Medical Center</li> </ul> <p><i>(The list of hospitals does not represent a complete list of facilities available to Family Care members. Call one of our Member Service representatives at 1-800-881-2166 if you have any questions.)</i></p>	<p><b>Family Care extra programs and services:</b></p> <ul style="list-style-type: none"> <li>• Asthma management program</li> <li>• Diabetes management program</li> <li>• Disease prevention programs</li> <li>• Sentara’s Partners in Pregnancy prenatal program for all pregnant members</li> <li>• Home visits to review benefits</li> <li>• Basketball program for girls ages 12-14</li> <li>• Discounts on eye wear: frames, lenses, and contacts for adults</li> </ul>
 <p>Health Plan, Inc.</p> <p><b>VAPremier serves these cities and counties:</b> Clarke, Frederick, Page, Shenandoah, Winchester</p> <p><b>For a list of doctors in VAPremier call</b> 1--800-727-7536</p> <p><b>For more information about VAPremier call</b> 1-800-727-7536 www.virginiapremier.com</p>	<p><b>VAPremier members can use these hospitals:</b></p> <ul style="list-style-type: none"> <li>• Augusta</li> <li>• Martha Jefferson</li> <li>• Mary Washington</li> <li>• Page Memorial Hospital</li> <li>• Rockingham Memorial</li> <li>• Shenandoah Memorial Hospital</li> <li>• University of Virginia Medical Center</li> <li>• VCU Health System (MCV)</li> <li>• Warren Memorial Hospital</li> <li>• Winchester Medical Center</li> </ul>	<p><b>VAPremier extra programs and services:</b></p> <ul style="list-style-type: none"> <li>• Asthma education program</li> <li>• Diabetes education program</li> <li>• Healthy Heartbeats prenatal program for all pregnant members</li> <li>• Home visits to review benefits</li> <li>• \$100 credit for contacts or \$32 credit for glasses for adults</li> </ul>