

Choose an MCO that:


- serves your city or county
- has the doctors, extra benefits, or special health care services you want.


Ask yourself these questions:


- Do my doctors and other healthcare providers belong to one of these plans?
- Does the hospital that I use work with one of these plans?
- Does one of the MCOs have any extra benefits that I want?
- Can one of the MCOs help with any special health care needs I may have?

Call to enroll

Call the Managed Care HelpLine at 1-800-643-2273 (TDD 1-800-817-6608). You can call Monday to Friday, 8:30 a.m. to 6 p.m. The call is free and we have interpreter and translator services.

 <p>Anthem HealthKeepers Plus Offered by Priority Health Care, Inc. and Peninsula Health Care, Inc.</p> <p>Anthem serves these cities and counties: Chesapeake, Gloucester, Hampton, Isle of Wight, James City County, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, Williamsburg, and York</p>	<p>For a list of doctors in Anthem call 1-800-901-0020</p> <p>For more information about Anthem call 1-800-901-0020 or 1-757-326-5090</p> <p>www.anthem.com</p>	<p>Anthem members can use these hospitals: Bon Secours (<i>DePaul, Mary Immaculate, Maryview</i>) Chesapeake General Children’s Hospital of the King’s Daughters (Norfolk) VCU Health System (MCV) Riverside (<i>Regional, Tappahannock, Walter Reed</i>) Sentara (<i>Bayside, Leigh, Norfolk General, Obici, Virginia Beach General, Williamsburg Regional Medical Center</i>) Shore Memorial Southampton Memorial Southern Virginia Regional Medical Center</p>	<p>Anthem’s extra programs and services:</p> <ul style="list-style-type: none"> ▪ Dedicated member outreach specialists to assist and educate you ▪ Services at retail health clinics (such as MinuteClinic at select CVS pharmacies) ▪ Translation services for your medical appointments ▪ Future Moms program for all pregnant members ▪ Asthma management program ▪ Diabetes management program ▪ Discounts with participating chiropractors, acupuncturists, & licensed massage therapists ▪ Up to a 25% discount for adult eye wear
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 <p>Optima Family Care A Service of Sentara</p> <p>Family Care serves these cities and counties: Chesapeake, Gloucester, Hampton, Isle of Wight, James City County, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, Williamsburg, and York</p>	<p>For a list of doctors in Optima Family Care call 1-800-881-2166</p> <p>For more information about Family Care call 1-800-881-2166 or 1-757-552-8975</p> <p>www.optimahealth.com</p>	<p>Family Care members can use these hospitals: Bon Secours (<i>DePaul, Mary Immaculate, Maryview</i>) Chesapeake Regional Medical Center Children’s Hospital of the King’s Daughters VCU Health System (MCV) Sentara (<i>Bayside, Careplex, Leigh, Norfolk General, Obici, Virginia Beach General, Williamsburg Regional Medical Center</i>) <i>The list of hospitals does not represent a complete list of facilities available to Family Care members. Call one of our Member Service representatives at 1-800-881-2166 if you have any questions.</i></p>	<p>Family Care’s extra programs and services:</p> <ul style="list-style-type: none"> ▪ Asthma management program ▪ Diabetes management program ▪ Disease prevention programs ▪ Sentara’s Partners in Pregnancy prenatal program for all pregnant members ▪ Home visits to review benefits ▪ Basketball program for girls ages 12-14 ▪ Discounts on eye wear: frames, lenses, and contacts for adults
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 <p>VAPremier Health Plan, Inc.</p> <p>VAPremier Health Plan serves these cities: Chesapeake, Hampton, Newport News, Norfolk, Portsmouth, Suffolk, and Virginia Beach</p>	<p>For a list of doctors in VAPremier call 1-800-828-7953</p> <p>For more information about VAPremier call 1-800-828-7989 or 1-757-461-0064</p> <p>www.virginiapremier.com</p>	<p>VAPremier members can use these hospitals: Bon Secours (<i>DePaul, Mary Immaculate, Maryview</i>) Chesapeake General Children’s Hospital of the King’s Daughters Greensville Memorial VCU Health System (MCV) Sentara (<i>Bayside, Careplex, Leigh, Norfolk General, Obici, Virginia Beach General</i>) Shore Memorial Southampton Memorial</p>	<p>VAPremier’s extra programs and services:</p> <ul style="list-style-type: none"> ▪ Asthma education program ▪ Diabetes education program ▪ Healthy Heartbeats prenatal program for all pregnant members ▪ Home visits to review benefits ▪ \$100 credit for contacts or \$32 credit for glasses for adults
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