

**Choose an MCO that:**

- serves your city or county,
- has the doctors, extra benefits, or special health care services you want.

**Ask yourself these questions:**

- Do my doctors and other healthcare providers belong to one of these plans?
- Does the hospital that I use work with one of these plans?
- Does one of the MCOs have any extra benefits that I want?
- Can one of the MCOs help with any special health care needs I may have?

**Call to enroll**

**Call the Managed Care HelpLine at 1-800-643-2273** (TDD 1-800-817-6608). You can call Monday to Friday, 8:30 a.m. to 6 p.m. The call is free and we have interpreter and translator services.

**Amerigroup RealSolutions<sup>®</sup>**  
in healthcare



**Amerigroup serves these cities and counties:**

Alexandria, Arlington, Clarke, Culpeper, Fairfax City, Fairfax County, Falls Church, Fauquier, Frederick, Loudoun, Manassas City, Manassas Park, Page, Prince William, Rappahannock, Shenandoah, Warren, Winchester

**For a list of doctors in Amerigroup call 1-800-600-4441**

**For more information about Amerigroup call 1-800-600-4441**  
www.myamerigroup.com

**Amerigroup Community Care members can use these hospitals:**

- Children’s Hospital, DC
- Culpeper Regional Hospital
- Dominion Hospital
- Fauquier Hospital
- INOVA Alexandria Hospital
- INOVA Fairfax Hospital
- INOVA Fairfax Hospital for Children
- INOVA Fair Oaks Hospital
- INOVA Mount Vernon Hospital
- INOVA Loudoun Hospital
- Page Memorial
- Prince William Hospital
- Potomac Hospital
- Reston Hospital Center
- Shenandoah Memorial
- University of Virginia Medical Center
- Virginia Hospital Center
- Warren Memorial
- Winchester Medical Center

**Amerigroup Community Care extra programs and services:**

- Adult Eyewear every 24 months for members ages 21 and over
- No-cost Boys & Girls Club membership
- No-cost Sports Physicals for children ages 10 to 18
- Asthma & Diabetes management program
- Taking Care of Baby And Me<sup>®</sup> program for all pregnant members
- 100 free minutes and free healthy text messaging for qualifying SafeLink subscribers



**Anthem HealthKeepers Plus**

Offered by HealthKeepers, Inc.

**Anthem serves these cities and counties:**

Alexandria, Arlington, Clarke, Falls Church, Fairfax City, Fairfax County, Fauquier, Frederick, Loudoun, Manassas City, Manassas Park, Page, Prince William, Rappahannock, Shenandoah, Warren, Winchester

**For a list of doctors in Anthem call 1-800-901-0020**

**For more information about Anthem call 1-800-901-0020 or 1-757-326-5090**  
www.anthem.com

**Anthem members can use these hospitals:**

- Children’s Hospital, DC
- Dominion Hospital
- Fauquier Hospital
- INOVA Alexandria Hospital
- INOVA Fairfax Hospital (including INOVA Fairfax Hospital for Children)
- INOVA Fair Oaks Hospital
- INOVA Loudoun Hospital
- INOVA Mount Vernon Hospital
- Martha Jefferson
- Mary Washington
- Page Memorial Hospital
- Potomac Hospital
- Prince William Hospital
- Reston Hospital Center
- Shenandoah Memorial Hospital
- Stafford Hospital Center
- University of Virginia Medical Center
- Virginia Hospital Center
- Warren Memorial Hospital
- Winchester Medical Center

**Anthem extra programs and services:**

- Dedicated member outreach specialists to assist and educate you
- Services at retail health clinics (such as MinuteClinic at select CVS pharmacies)
- Translation services for your medical appointments
- Future Moms program for all pregnant members
- Asthma management program
- Diabetes management program
- Discounts with participating chiropractors, acupuncturists, & licensed massage therapists
- Up to a 25% discount for adult eye wear



**Optima Family Care**

A Service of Sentara

**Family Care serves these cities and counties:**

Page

**For a list of doctors in Optima Family Care call 1-800-881-2166**

**For more information about Family Care call 1-800-881-2166 or 1-757-552-8975**  
www.optimahealth.com

**Family Care members can use these hospitals:**

- Augusta
- Fauquier Hospital
- Martha Jefferson
- Mary Washington
- Page Memorial Hospital
- Rockingham Memorial
- Shenandoah Memorial Hospital
- University of Virginia Medical Center
- Warren Memorial Hospital
- Winchester Medical Center

*(The list of hospitals does not represent a complete list of facilities available to Family Care members. Call one of our Member Service representatives at 1-800-881-2166 if you have any questions.)*

**Family Care extra programs and services:**

- Asthma management program
- Diabetes management program
- Disease prevention programs
- Sentara’s Partners in Pregnancy prenatal program for all pregnant members
- Home visits to review benefits
- Discounts on eye wear: frames, lenses, and contacts for adults



Health Plan, Inc.

**VAPremier serves these cities and counties:**

Clarke, Frederick, Page, Shenandoah, Winchester

**For a list of doctors in VAPremier call 1-800-727-7536**

**For more information about VAPremier call 1-800-727-7536**  
www.virginiapremier.com

**VAPremier members can use these hospitals:**

- Augusta
- Martha Jefferson
- Mary Washington
- Page Memorial Hospital
- Rockingham Memorial
- Shenandoah Memorial Hospital
- University of Virginia Medical Center
- VCU Health System (MCV)
- Warren Memorial Hospital
- Winchester Medical Center

**VAPremier extra programs and services:**

- Asthma education program
- Diabetes education program
- Healthy Heartbeats prenatal program for all pregnant members
- Home visits to review benefits
- \$100 credit for contacts or \$32 credit for glasses for adults